

UPCOMING  
EVENTS

May

- 7 - Candlelight Ceremony 6 pm
- 8 - VE Day/  
Battle of the Atlantic 1230 pm
- 9 - Mother's Day
- 25 - General Mtg

June

- 22 - General Mtg
- 27 - L'il Buddy Legion Golf Tournament
- 27 - Food Safe

July

- 9 - Double Diamond (Neil Diamond Tribute)
- 25 - Christmas in July

# Royal Canadian Legion Branch 54 Sooke, BC

Summer 2010 Edition

## Message from the President

On Saturday, May 8th, 2010, events will be held in Canada and overseas to mark the 65th anniversary of the end of the Second World War and the liberation of the Netherlands. Normally on the same day the Battle of the Atlantic is also remembered. The Battle of the Atlantic was Canada's longest military engagement of the Second World War, lasting from September 1939 to May 1945. This battle was bravely fought by the men and women of the Canadian Merchant Navy, the Royal Canadian Navy and the Royal Canadian Air Force. More than 4,600 courageous service men and women lost their lives at sea.

The only Legion on the Island to commemorate this event is Branch 54 in Sooke BC. We welcome you all to our Branch.

On the 7th of May the Youth of the area participated in a Candlelight Tribute Ceremony 6:00 pm placing 25 Candles at the Cenotaph. The tradition started in 1945 in the Netherlands by grateful citizens who lit candles and placed them on the gravesites of their Canadian Liberators. In 1995 the ceremony was rekindled in the Netherlands and since then annual ceremonies have become annual events in the Netherlands and other European countries.

Enjoy your day at our Legion and have a safe summer.

**Cde Maria A. Green, President**



**Victory in Europe (VE - Day) - May 8, 1945**

## **HMC ships and Canadian manned warships that were lost due to all causes 1939-45**

<b>ALBERNI</b>	<b>MTB 459</b>	<b>REGINA</b>
<b>ATHABASCAN</b>	<b>MTB 460</b>	<b>SAGUENAY</b>
<b>BRAS D'OR</b>	<b>MTB 461</b>	<b>ST. CROIX</b>
<b>CHARLOTTETOWN</b>	<b>MTB 462</b>	<b>SHAWINIGAN</b>
<b>CHEBOGUE</b>	<b>MTB 463</b>	<b>SKEENA</b>
<b>CHEDABUCTO</b>	<b>MTB 465</b>	<b>SPIKENARD</b>
<b>CLAYOQUOT</b>	<b>MTB 466</b>	<b>TEME</b>
<b>ESQUIMALT</b>	<b>MAGOG</b>	<b>TRENTONIAN</b>
<b>FRASER</b>	<b>MULGRAVE</b>	<b>VALLEYFIELD</b>
<b>GUYSBOROUGH</b>	<b>NABOB</b>	<b>WEYBURN</b>
<b>LEVIS</b>	<b>OTTAWA</b>	<b>WINDFLOWER</b>
<b>LOUISBURG</b>	<b>OTTER</b>	
<b>MARGAREE</b>	<b>RACCOON</b>	

# Merchant Marine Ships losses due to all causes 1939-45

<b>A.D. HUFF</b>	<b>JAMES E. NEWSOM</b>	<b>PRESCODOC</b>
<b>ALBERT C. FIELD</b>	<b>JOHN A. HOLLOWAY</b>	<b>PORTADOC</b>
<b>ANGELUS</b>	<b>KENORDOC</b>	<b>PRINCESS MARGUERITE</b>
<b>BIC ISLAND</b>	<b>KEYHOLT</b>	<b>PROTEUS</b>
<b>CALGAROLITE</b>	<b>KITTY'S BROOK</b>	<b>R. J. CULLEN</b>
<b>CANADOLITE</b>	<b>LADY DRAKE</b>	<b>ROBERT W. POMEROY</b>
<b>CANATCO</b>	<b>LADY HAWKINS</b>	<b>ROSE CASTLE</b>
<b>CARIBOU</b>	<b>LENNOX</b>	<b>ROTHERMERE</b>
<b>CAROLUS</b>	<b>LILLIAN L. KERR</b>	<b>ST. MALO</b>
<b>CHRISTIAN J. KAMPMAN</b>	<b>LISIEUX</b>	<b>SARNIADOC</b>
<b>COLLINGDOC</b>	<b>LIVERPOOL PACKET</b>	<b>SHINAI</b>
<b>CORNWALLIS</b>	<b>LIVINGSTON</b>	<b>SILVER STAR PARK</b>
<b>DONALD STEWART</b>	<b>LORD STRATHCONA</b>	<b>SORELDOC</b>
<b>EMPRESS OF ASIA</b>	<b>LUCILLE M.</b>	<b>THORELDOC</b>
<b>ERIK BOYE</b>	<b>MAGOG</b>	<b>THOROLD</b>
<b>EUROPA</b>	<b>MAPLECOURT</b>	<b>TORONDOC</b>
<b>ESMOND</b>	<b>MILDRED PAULINE</b>	<b>TREVISA</b>
<b>FRANK B. BAIRD</b>	<b>MONA MARIE</b>	<b>TROISDOC</b>
<b>GEORGE L. TORAIN</b>	<b>MONDOC</b>	<b>VANCOUVER ISLAND</b>
<b>GERALDINE MARY</b>	<b>MONT LOUIS</b>	<b>VICTOLITE</b>
<b>GREENHILL PARK</b>	<b>MONTREALITE</b>	<b>VINLAND</b>
<b>HAMILDOC</b>	<b>NEREUS</b>	<b>WATERLOO</b>
<b>HUMBER ARM</b>	<b>NORFOLK</b>	<b>WATERTON</b>
<b>J.B. WHITE</b>	<b>OAKTON</b>	<b>WATKINS F. NISBET</b>
<b>ASPER PARK</b>	<b>POINT PLEASANT PARK</b>	<b>WATUKA</b>

# OUR OLYMPIC TORCHBEARERS

## Bill Jones and Terri Orser



## Upcoming Entertainment

**9 July - Double Diamond “The definitive Neil Diamond Show”. \$20.00 a person. A Set of Mixed Dancing will follow. Combine it with Steak Night Dinner for an additional \$11.00 for a super evening.**

**25 July - Christmas in July Dinner (Bring a non-perishable Food Item for the Food Bank to enter into the draws.)**

# LEGION LADIES LUNCH & BAZAAR - 10 April

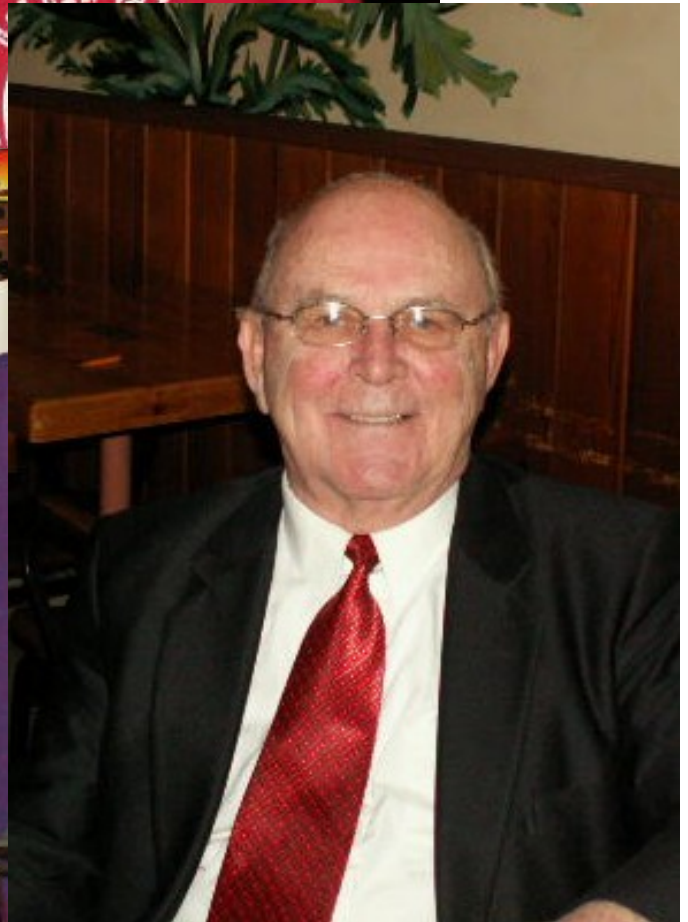
## Another Great success for the Legion Ladies



# Many Sooke Legion Members honoured at District of Sooke Volunteer Awards



**Judithe Ann Gatto, Angus Stanfield, Barry Gifford**



**David Nash, Eric Day, John Wilson, Bill Sheppard**

## **MAY - NATIONAL SPEECH AND HEARING MONTH HEAR WHAT YOU'VE BEEN MISSING !!**

### **Did you know?**

- ✦ **1 in 10 people have some level of hearing loss**
- ✦ **65% of those with a hearing loss are younger than 65 years of age**
- 77% of those over 75 years of age have a hearing loss**

### **The 2-minute Hearing Health Questionnaire**

#### **Could you be losing your hearing? Take this simple test:**

- **Do you feel that other people are 'mumbling' or speaking unclearly?**
- **Do you often ask people to repeat themselves?**
- **Do you have difficulty hearing and understanding what people are saying to you when you do not have direct eye contact?**
- **Do you often avoid parties and social events because there is too much noise or you can't hear what people are saying?**
- **Do you have trouble understanding a conversation when there is background noise or other people are talking at the same time?**
- **Are you no longer able to hear everyday sounds such as children's voices, the rustling of leaves, footsteps or the sound of water?**

**It is always best to catch any problems as early as possible. If you answered yes to one or more of the above questions, we encourage you to have your hearing tested today!**

### **Hearing Loss: The Basics**

**In most cases, hearing loss progresses very gradually. People of all ages are affected, but the incidence of hearing loss does increase with age. It has been shown that over time, hearing loss can have considerable affects on one's quality of life. Given years of research and advancements with hearing technology, the good news is that over 85% of people with a hearing loss are good candidates for hearing aids!**

### **Treating Hearing Loss: The Benefits**

**The benefits of improved hearing are substantial, and here are just a few:**

- ✦ **Reduced fatigue, frustration and stress**
  - ✦ **Greater confidence in the ability to communicate**
  - ✦ **Improved personal relationships**
  - ✦ **An enhance sense of awareness, comfort and connection with one's surroundings**
- The renewed ability to hear sounds that have been forgotten!**

### **Improving Your Hearing: Next Steps**

**Book an appointment at a hearing health clinic to determine the solution that is best for you. Your hearing ability, specific listening needs and budget will guide this discussion.**

**Meat Draw**  
**Sponsors for 2010**

**Western Foods - 10% off all  
meat purchased all year**

**The Edge Restaurant  
Feb Special Draw**

**Sooke-U-Brew  
Mar Special Draw**

**Sooke Bottle Depot  
Apr Special Draw**

**Island Hearing  
May Special Draw**

**A BIG THANK YOU TO OUR  
CORPORATE SPONSORS**

**Call Bob (2052) if you want  
to be a sponsor!!**

**WEEKLY GOINGS ON**

**Monday**  
Euchre 7:00 pm

**Tuesday**  
Texas Holdem

**Wednesday**

Ladies Darts 12:00 pm - 2:00 pm  
New players always welcome  
Sep to Apr

Shuffleboard 6:30 pm  
September thru April

**Thursday**  
Cribbage and Darts 7:00 pm

**Friday**  
Steak Night (\$11) 6 to 7:30 pm  
Drop in Fri Night Darts

**Saturday**  
Meat Draw 3:00 pm  
Pool League 1:00 pm  
(New Teams welcome)

**Sunday**  
Pool League 1:00 pm

**Ideas for the next Pipeline??**

**See our Editor - Camille**